

**Essential Eligibility Criteria**

Rafting activities are open to all participants who meet the following Essential Eligibility Criteria plus minimum age restrictions. In some cases these responsibilities can be met with the assistance of a companion.

Each participant must have the ability to:

- Reach the River Access Point independently or with the assistance of a companion.
- Wear all protective equipment recommended/required by industry standards
- Enter and exit the raft or kayak (duckie) independently or with the assistance of a companion.
- Remain seated and balanced in a floating raft or kayak (duckie) with the use of adaptive equipment, if necessary. Adaptive equipment cannot impede nor lessen the effectiveness of the safety procedures or equipment. No one may be strapped or belted into a watercraft.
- Perform all water activities including following paddle commands, independently in Class III or higher stretches of rapids, where oar and oar /paddle rafts are not offered.
- Perform all water activities, following instruction, independently or with the assistance of a companion who accompanies the participant.
- Be comfortable in the water including floating on back independently with the aid of a PFD (life vest), turning from face down to face up independently with the aid of a PFD and holding their breath while under water.
- Get out from under a capsized raft or kayak (duckie), in moving water.
- Identify, make progress to and ascend the shoreline, in moving water.
- Move about the campsite independently or with the assistance of a companion, on trips that include overnight camping.
- Have at least one person in kayak (duckie) with the ability to move the kayak (duckie) through the water in a stable manner.

Please disclose any limitations or medical conditions: \_\_\_\_\_

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I have read the above Essential Eligibility Criteria and meet these requirements \_\_\_\_\_  
*Initials*

Add to minimum age requirements:

Minimum chest size of a Coast Guard approved Type V PFD is 24". For persons with less than a 24" chest the PFD will not fit properly and thus the person may not participate.

Maximum chest size for a Coast Guard approved Type V PFD is 62".

Whitewater rafting and related activities requires individual participation. The level of physical activity varies with each trip. With an increasing difficulty level, physical demands and risks proportionally increase. Please consider yours and your group's needs and abilities when selecting a trip. You may want to consult with a physician prior to taking a trip if you have medical questions or any of the following medical conditions: Allergies (Insect stings), Asthma, Diabetes, Hearing Impairment, Heart Disease, Osteoporosis, Physical or Psychological Impairment of Swimming, Pregnancy, Seizure Disorders and Vision Impairment. *The above list is NOT all-inclusive.*